



# Payers/Insurance

## Lower Claims Expenses

Create winning strategies and reduce costs by incorporating PHM in your offering.



RIGHT CARE AT THE RIGHT TIME™

## → Comprehensive And Integrated

- Online specialists (endocrinology, nephrology, cardiology, neurology, and psychiatry)
- Online and/or premise primary physicians
- On-premise nurse practitioners and nurses
- On-premise certified nurse assistants
- Remote Patient Monitoring (RPM)
  - Blood Pressure
  - Pulse
  - Oxidation
  - Glucose
  - Weight
  - Temperature
  - Steps/Exercise
  - Sleep Quality
  - Calories burned
- Electronic Medical Records System with open API to exchange data with the existing EMRs

*Select only what you need!*

*Patient, Nurse and Physician Friendly!*

## → Clinical Benefits

- **Improved patient outcomes** - early detection and intervention. This can result in improved patient outcomes, reduced hospital stays (including readmissions), fewer ER visits, fewer specialist visits, better med adherence, and lower cost of meds.
- **Increased patient engagement** - patients have an opportunity to take an active role in their health management, which can lead to improved engagement and increased adherence to treatment plans.
- **Improved provider collaboration** - RPM can facilitate communication and collaboration between patients and healthcare providers, allowing for more coordinated and efficient care delivery.

## → Financial Benefits

- **Reduced healthcare costs** – Personal Health Monitoring can help to reduce the cost of care associated with hospital readmissions and unnecessary emergency department visits.
- **Cost Savings and Resource Optimization** - Reduced hospital readmissions translate into cost savings for insurance providers, health systems, and patients, making remote patient monitoring a cost-effective solution in the long run.
- **Enhanced population health management** - PHM can help payers better manage their populations by providing insights into the health of their members.