PERSONAL HEALTH MONITORING
POWERED BY AMERICAN TELEPHYSICIANS

Hospitals and Health Systems

Reduce Readmissions!

PHM remote patient monitoring programs can significantly reduce hospital readmissions, improving patient outcomes while reducing healthcare costs.

RIGHT CARE AT THE RIGHT TIME™

Nurses
Specialists
Diagnostics
Health Care
Care Managers
Pharmacists
Access to Services

→ Comprehensive And Integrated

- Online specialists (endocrinology, nephrology, cardiology, neurology, and psychiatry)
- Online and/or premise primary physicians
- On-premise nurse practitioners and nurses
- On-premise certified nurse assistants
- Remote Patient Monitoring (RPM)
    - Blood Pressure
    - Pulse
    - Oxidation
    - Glucose
    - Weight
    - Temperature
    - Steps/Exercise
    - Sleep Quality
    - Calories burned
- Electronic Medical Records System with open API to exchange data with the existing EMRs

Patient, Nurse and Physician Friendly!

Select only what you need!

→ Clinical Benefits

- **Improved patient outcomes** - early detection and intervention. This can result in improved patient outcomes, reduced hospital stays (including readmissions), fewer ER visits, fewer specialist visits, better med adherence, and lower cost of meds.
- **Increased patient engagement** - patients have an opportunity to take an active role in their health management, which can lead to improved engagement and increased adherence to treatment plans.
- **Improved provider collaboration** - RPM can facilitate communication and collaboration between patients and healthcare providers, allowing for more coordinated and efficient care delivery.

→ Financial Benefits

- **Reduced healthcare costs** – Personal Health Monitoring can help to reduce the cost of care associated with hospital readmissions and unnecessary emergency department visits.
- **Cost Savings and Resource Optimization** - Hospitals can optimize healthcare resources and reduce unnecessary utilization of inpatient services. With fewer readmissions, hospitals can allocate their resources more efficiently, focusing on patients with more critical needs. Additionally, reduced hospital readmissions translate into cost savings for healthcare systems, insurance providers, and patients, making remote patient monitoring a cost-effective solution in the long run.

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